

### Kick Doubles

1) Below are the four basic kick drum positions that are being introduced. Do not move too quickly though these, make sure you are playing each one well before moving on:

2) Now we are putting a backbeat into each of the above exercises, to create a groove. Where the kick drum is played underneath the snare drum, make sure that you aren't flammng the notes. On these occurrences, both the snare drum and the kick drum should be played at *exactly* the same time:

Combining the above grooves is always fun. Another good idea is to put different kick positions in the same bar.